



NEXUS

Neurotoxin Experts Summit 2018

Date: 15th & 16th September, 2018

Venue: The Taj Mahal Hotel, New Delhi
No.1, Man Singh Road,
New Delhi



"Nexus 2018" was held at Delhi, India. It was organized by Asian Society of Continuing Medical Education.

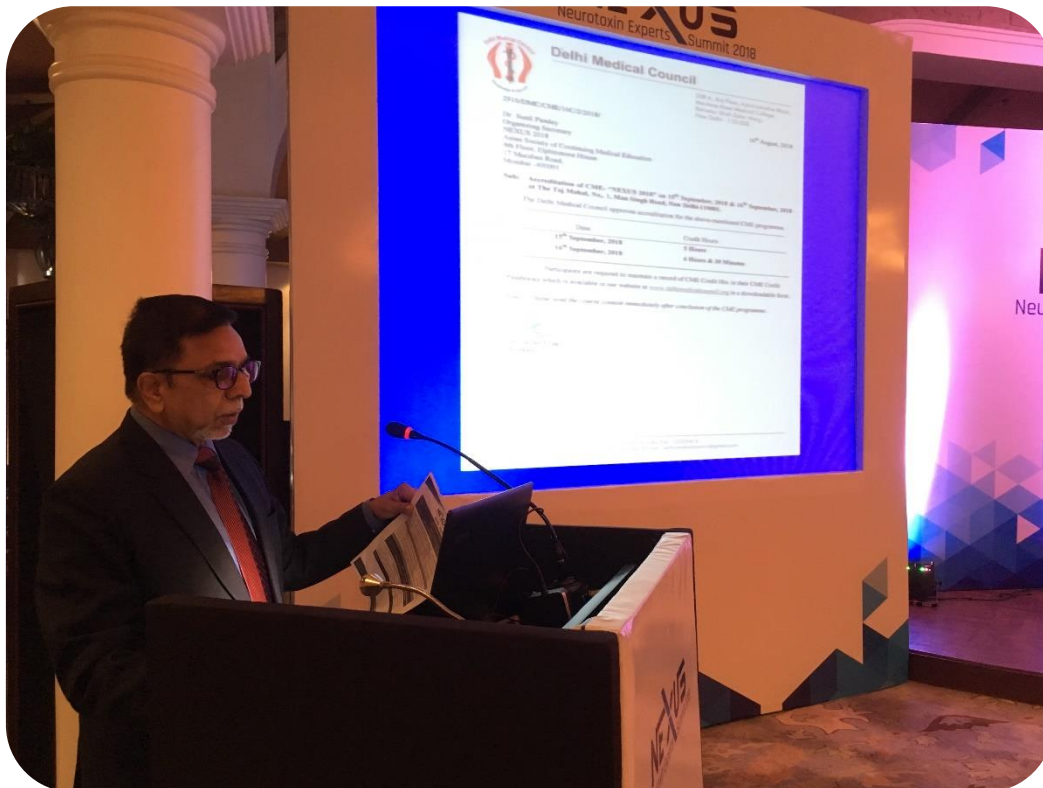
The CME was designed to get all the Neurophysician, Neurosurgeon and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about management of movement disorders and its complications. Well known Neurophysician, Neurosurgeon and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by Asian Society of Continuing Medical Education. He emphasized the main role played by Asian Society of Continuing Medical Education and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

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Total Participants : 92



Course – Director: -

- **Dr. (Prof.) Man Mohan Mehndiratta,**
M.D, DNB (Medicine), D.M (Neurology), FAMS FRCP, MNAMS, FICP, FIACM,
Director-Janakpuri Superspeciality Hospital, ND-58

Guest of Honour: -

- **Dr. (Prof.) Ashok Pangaria,**
MBBS, MD (Medicine), DM (Neurology), FRCP (England),
Present Designation & Affiliation: Professor Emeritus, Neurology, and Member, Chief
Minister’s Advisory Council, Rajasthan

Faculties: -

- **Dr. Lt. Gen. C. S. Narayanan,**
MBBS, MD (Medicine), DM (Neurology - AIIMS) Delhi,
Deputy Chief Integrated Defence Staff (Medical).
- **Dr. Kuljeet Singh Anand,**
DM, FRCP
Prof. & Head, PGIMER & Dr RML Hospital, Dept. of Neurology, New Delhi.
- **Dr. Rajendra Kumar Dhamija,**
MD, DNB (Neuro) FRACP FRCP (London),
Head of Neurology Department, Lady Hardinge Medical College and SSK Hospital, New
Delhi.
- **Dr. Geeta Khuwaja,**
MD (Medicine), DM (Neurology),
Senior Neurologist, G. B. Pant Hospital, Delhi
- **Gp Capt Salil Gupta,**
MD (Med), DNB (Med), DM (Neurology),
Professor & HOD, Dept of Neurology, Army Hospital (Research & Referral), New Delhi.
- **Dr. Vivek Rishi,**
MBBS, MD, DM – Neurology,
Consultant Neurologist, Maharishi Dayanand Hospital & Medical Research Centre in Jammu.

- **Dr. Rajendra Sharma,**
MBBS, MD,
Medical Superintendent, Vardhman Mahavir Medical College & Safdarjung Hospital, Delhi.
- **Dr. Shiv Lal Yadav,**
MBBS, MD,
Professor of Physical Medicine & Rehabilitation at the Tertiary care hospital- AIIMS, Delhi.
- **Dr. Sheffali Gulati,**
MD, FIAP, FIMSA,
Professor and Chief of the Child Neurology Division in the Department of Pediatrics of AIIMS in New Delhi.
- **Dr. A.K.Gaur,**
DNB (PMR), DPMR, MBA (HCS),
Director and Consultant (PMR), All India Institute of Physical Medicine and Rehabilitation (AIIPMR), Mumbai.
- **Dr. Deepa Das,**
MBBS, MD, DM,
Assistant Professor, Department of Neurology, Neuroscience centre, AIIMS, New Delhi.
- **Dr. Suman Kushwaha,**
MBBS, MD, DM (Neurology),
Associate Prof & Head, Neurology Institute of Human Behavior and Allied Sciences, Delhi
- **Dr. Deepti Vibha,**
MBBS, MD, DM,
Associate Professor, Department of Neurology, Neuroscience centre, AIIMS, New Delhi.
- **Dr. Sanjay Pandey,**
MBBS, MD, DM,
Professor Neurology, Chief Parkinson's disease and movement disorder, Govind Ballabh Pant Institute of Postgraduate medical education and research, New Delhi.
- **Dr. Ravi Yadav,**
MD, DM, MNAMS (Neurology),
Additional Professor (Neurology), Consultant – Parkinson's & Movement Disorders Clinic NIMHANS. Bangalore.
- **Dr. N. Thamilpavai,**
MD, DM, Neurology,
Consultant Neurologists, Apollo Medical Centre Anna Nagar, Chennai.

- **Dr. Niraj Kumar,**
Consultant Neurologists, Moolchand hospital, Delhi.
- **Dr. Bashir Sanai,**
MBBS, MD, DM,
Associate Professor and Head Department of Neurology, Superspeciality Hospital,
Govt. Medical College, Srinagar.
- **Dr. Omar Farooq**
MBBS, MD, DM (Neuro),
Associate Professor, Govt Medical College, Srinagar.
- **Dr. Debashish Chaudhury,**
MBBS, MD,
Professor of Neurology, G B Pant Hospital, New Delhi.
- **Dr. Pawan Dhull,**
MBBS, MD,
Sr Adv Neurology, Army Hospital (R&R) Delhi.
- **Dr. Manoj Somsekharan,**
MBBS, MD,
Senior Advisor Neurology Army Hospital Research & Referral
- **Dr. Nirmal Surya,**
MBBS, MD (Internal Medicine), DNB (Neurology),
Consultant Neurologists at Surya Neuro Centre in New Marine Lines, Mumbai.
- **Dr. Anupam Gupta,**
MBBS, MD (Physical Medicine & Rehabilitation),
Professor National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore
- **Dr. B.D. Athani,**
Director General Health Service, Delhi.
- **Dr. Sanjay Sarup,**
MBBS, MS, MCh, FRCS,
Director- Artemis Hospital, Gurgaon Department Orthopedic Surgery.
- **Dr. Rakesh K. Jain,**
MRCPCH, CCT-Oxford (British Board), FRCPCH,
Senior Consultant Paediatric Neurologist, Fortis Memorial Research Institute (FMRI)
Gurgaon.

Topics

- Botulinum toxin in Movement Disorders - an overview
- Botulinum toxin in Blepharospasm and Hemifacial Spasms - Techniques, Tips and Pitfalls
- Pathophysiology of and treatment options for cervical dystonia
- Management of Focal Dystonias
- Video Case presentation in Blepharospasm & Hemifacial Spasm
- Video Case presentation in Cervical Dystonia
- Panel Discussion- Optimising Treatment in management of Movement Disorders
- The burden, unmet need, medication overuse and treatment goals in chronic migraine
- Diagnostic Criteria of Chronic Migraine.
- Chronic Migraine Patient assessment and Injection-Exploring best practice.
- Upper Limb Spasticity: Various Indications, Muscles involved and optimum dosage of Botulinum toxin type A
- Lower Limb Spasticity: Various Indications, Muscles involved and optimum dosage of Botulinum toxin type A
- Goal setting and measuring outcomes in PSS.
- Role of Multidisciplinary treatment in PSS
- Upper Limb Patient Case Discussion hands on workshop
- Lower Limb Patient Case Discussion hands on workshop
- Panel Discussion- Optimising Treatment in management of Post Stroke Spasticity
- Overview of Management of Spasticity in Cerebral palsy with Botulinum Toxin
- Optimising patient outcomes in the treatment of CP.

Summary of CME

- This conference provided a platform to exchange opinion and clinical experience on movement disorders Post Stroke spasticity, cerebral palsy and chronic migraine, among eminent faculties and participants.
- Movement disorder, Post Stroke Spasticity & Chronic migraine has an impact on the quality of life of both patients and their families and Treatment strategies for the management of these conditions both pharmacological and non pharmacological approaches, and one of the most well – established treatments Botulinum Toxin Type A were discussed in the conference.
- It was highly interactive program for the Neurologists with plenty of opportunities to learn from National/International experts KOL's on the following topics –
 - a) Scientific updates on movements disorders.
 - b) Accurate assessment for optimal outcomes in cervical dystopia and BFS/HFS.

- c) Locate muscles; describe their approach to injecting these muscles, playing attention.
 - d) To surface landmarks & injecting techniques.
 - e) Live patients demonstrations
 - f) Video case presentations.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.

SNAPSHOTS



